

COVID-19 Vaccines:

Your best shot against
COVID-19.

Last Updated January 6, 2020



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**





**You'll soon be able to take
a safe vaccine to protect
you from getting COVID-19.**

It's free to everyone.

Here's what you need to know.

Tested, safe and effective, COVID-19 vaccines will help us get back in control of our lives and back to the people and places we love.

- Scientists had a head start, and thousands of volunteers helped with clinical trials.
- The vaccines are tested, safe, and effective.
- You cannot get COVID-19 from the vaccine.
- Supplies will be limited at first.
- You have a spot to take your shot.

Scientists had a head start.



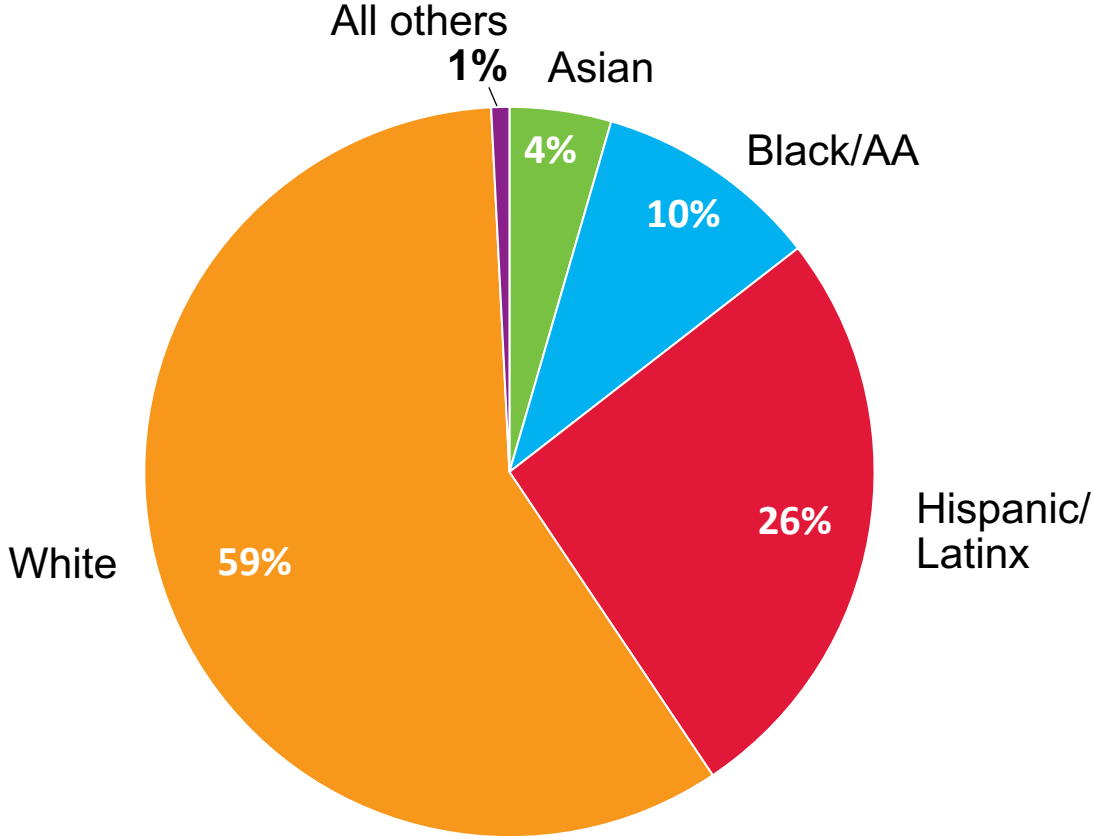
- COVID-19 vaccines are built on decades of work to develop vaccines for similar viruses.
- The first two vaccines use a method that researchers have been studying and working with for decades.

The vaccines are tested, safe, and effective.

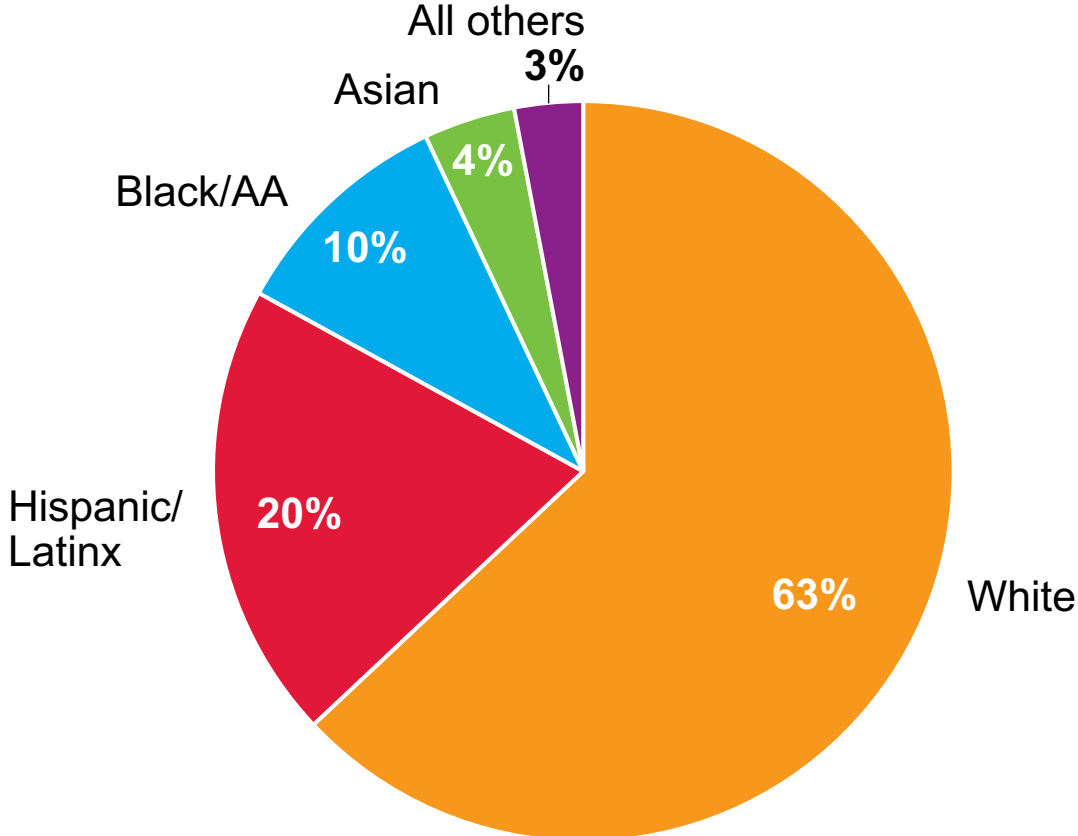


- All vaccines are rigorously tested for safety and effectiveness.
- More than 70,000 people volunteered in clinical trials for two vaccines—Pfizer-BioNTech and Moderna - to make sure the vaccines were safe and worked to prevent COVID-19.
- To date, the vaccines are 95% effective in preventing COVID-19.
- There were no serious safety concerns in the clinical trials with either vaccine.
- You could have temporary reactions like a sore arm, headache, or feeling tired and achy for a day or two.

There have been intentional efforts to recruit volunteers from historically marginalized populations.



Source: <https://www.pfizer.com/science/coronavirus/vaccine>

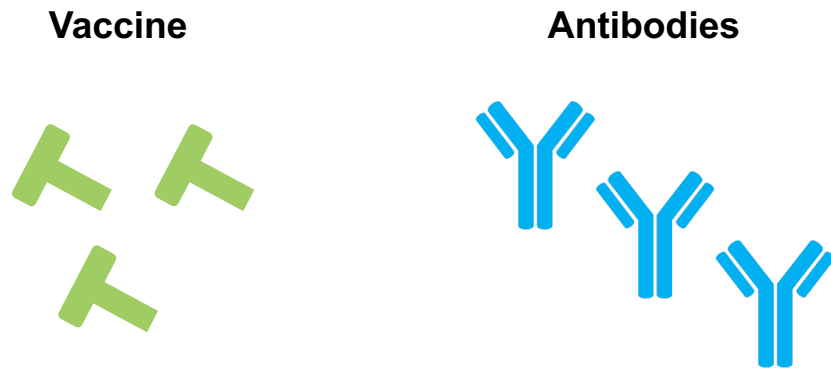


Source: https://www.modernatx.com/sites/default/files/content_documents/2020-COVE-Study-Enrollment-Completion-10.22.20.pdf

You cannot get COVID-19 from the vaccine.

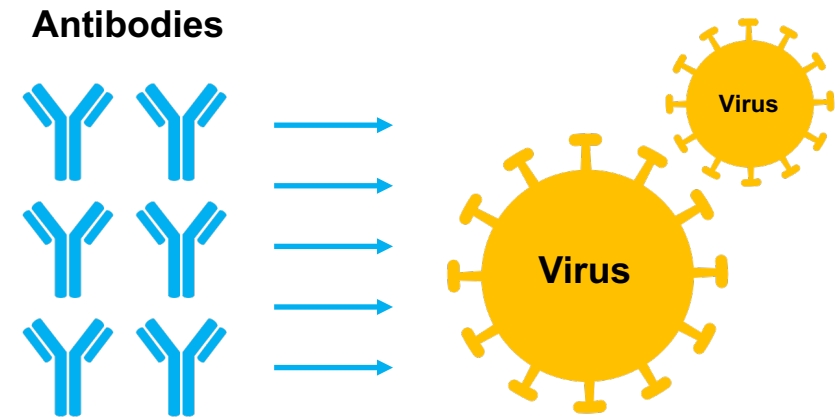
Vaccines safely increase your body's natural ability to fight the virus before the virus attacks you. That's how you win, and the virus loses. Here is how the Pfizer-BioNTech and Moderna vaccines work:

Vaccines imitate COVID without giving it to you.



The Pfizer-BioNTech and Moderna vaccines give your body instructions to make a protein that safely teaches your body how to make an antibody to fight the real COVID-19.

You can fight off the real virus if it tries to attack you.



After getting vaccinated, you develop the ability to fight off the real virus because your body is strong enough and knows how to win.

Two shots are necessary—and we have a plan to help everyone get both doses.

- The Pfizer-BioNTech and Moderna vaccines require two shots to build up strong immunity against COVID-19.
- The second shot will come 3 to 4 weeks after the first.
- It is important to get two doses of the same vaccine.
- We built a system—the COVID-19 Vaccine Management System—to help make sure people are safe and get the right second dose at the right time.

Your privacy and personal information are protected at all times.

- Nothing in the vaccine can be tracked—the protein your body makes cannot be tracked and it disappears after it finishes making you stronger.
- Personal information about your vaccination and health are protected at all times.
- We do not send any personal information to the CDC.

Vaccines will be available to all— for free.

- Supplies will be limited at first.
- The Pfizer-BioNTech and Moderna vaccines have been authorized and sent to states, but it will be some time before they are widely available to everyone.
- The best way to fight COVID-19 is to start first with vaccines aimed at helping to slow the spread and save lives.
- More people will be reached when the vaccine supply increases throughout 2021.
- The vaccines are free to everyone, even if you don't have health insurance.
- Rest assured: You have a spot to take your shot.

Your best shot at stopping COVID-19.

YOU HAVE A **SPOT.** | TAKE YOUR **SHOT.**

1a
Health care workers fighting COVID-19 & Long-Term Care staff and residents.

- Health care workers caring for and working directly with patients with COVID-19, including staff responsible for cleaning and maintenance in those areas
- Health care workers administering vaccine
- Long-term care staff and residents—people in skilled nursing facilities and in adult, family and group homes

1b
Adults 75 years or older and frontline essential workers.

There is not enough vaccine for everyone in this phase to be vaccinated at the same time. Vaccinations will be available to groups in the following order.

- **Group 1:** Anyone 75 years or older, regardless of health status or living situation
- **Group 2:** Health care workers and frontline essential workers 50 years or older*
- **Group 3:** Health care workers and frontline essential workers of any age

** The CDC defines frontline essential workers as first responders (e.g., firefighters and police officers), corrections officers, food and agricultural workers, U.S. Postal Service workers, manufacturing workers, grocery store workers, public transit workers, and those who work in the education sector (teachers and support staff members) as well as child care workers*

2
Adults at high risk for exposure and at increased risk of severe illness.

Vaccinations will happen by group in the following order:

- **Group 1:** Anyone 65-74 years old, regardless of health status or living situation
- **Group 2:** Anyone 16-64 years old with high-risk medical conditions that increase risk of severe disease from COVID-19 such as cancer, COPD, serious heart conditions, sickle cell disease, Type 2 diabetes, among others, regardless of living situation
- **Group 3:** Anyone who is incarcerated or living in other close group living settings who is not already vaccinated due to age, medical condition or job function
- **Group 4:** Essential workers not yet vaccinated*

** The CDC defines these as workers in transportation and logistics, water and wastewater, food service, shelter and housing (e.g., construction), finance (e.g., bank tellers), information technology and communications, energy, legal, media, and public safety (e.g., engineers), and public health workers*

3
Students

- College and university students
- K-12 students age 16 and over. Younger children will only be vaccinated when the vaccine is approved for them

4
Everyone who wants a safe and effective COVID-19 vaccination.

Current Phase

Beginning This Phase

For more information:
YourSpotYourShot.nc.gov



COVID-19 Vaccinations in North Carolina: January 2021

Who is being vaccinated now?

Health care workers at highest risk for COVID-19 exposure: Such as doctors, nurses and those caring for and cleaning areas used by COVID-19 patients

Long-term care staff and residents: People living and working in places like skilled nursing facilities or group homes

North Carolinians age 75+: Limited supplies mean those age 75 and over may have to wait, but they have one of the first spots to take their shot

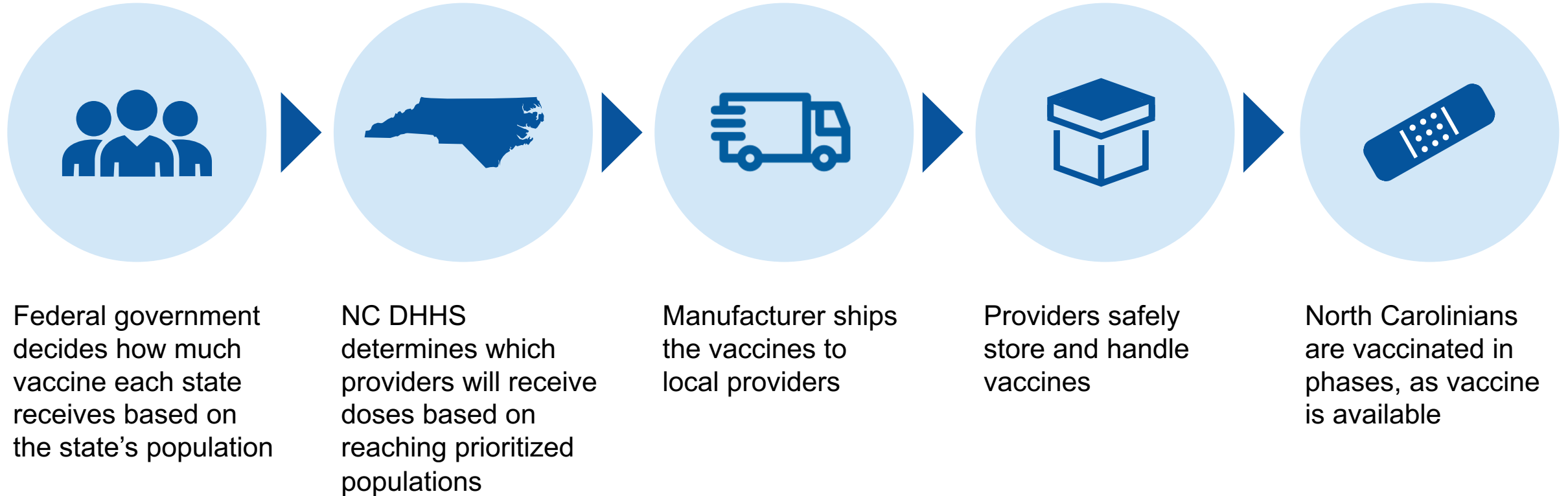
Where are they being vaccinated?

Health care workers at highest risk for COVID-19 exposure: In hospitals or local health departments that have received early shipments of the vaccine

Long-term care staff and residents: The federal government manages vaccinations for most long-term care facilities. Most will be vaccinated at their facilities under the Pharmacy Partnership for Long-Term Care Program with CVS and Walgreens

North Carolinians Age 75+: Call the COVID-19 line at 1-877-490-6642, visit YourSpotYourShot.nc.gov, or contact their local health department or hospital

North Carolina receives shipments of COVID-19 vaccine each week.



Finding your spot: How will you know when and where to get your shot?

- Health care workers should talk with your employer about where your spot is, according to your health and job status.
- Long-term care staff and residents should ask your facility about when you will be able to receive your shot.
- **Health departments and hospitals are beginning to vaccinate adults 75 years or older.** There will be a wait to receive your vaccine, but you should contact your local health department or hospital to find out when you will be able to make an appointment for your vaccine.
- Additional information on where to take your shot is available by calling the COVID-19 line at 1-877-490-6642 or visiting YourSpotYourShot.nc.gov.

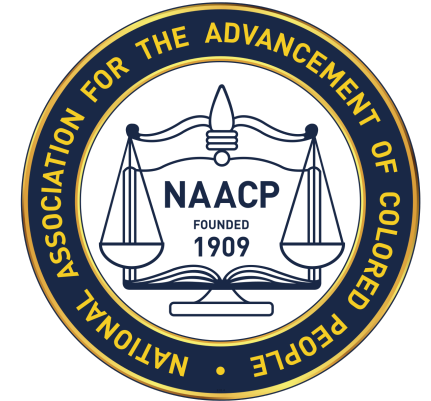
Keeping everyone informed: You have a spot, take your shot.

- We are working hard to give North Carolinians the information they need to take their shot.
- Look for information at news conferences, our website, social media, and from trusted community leaders.
- Community leaders and organizations are helping to shape the campaign and are reaching out to the public.
- The goal is to provide all with a spot for honest information and updates on where they can get their shot.

Leading with equity: We must build trust.

- Racism runs throughout our social, economic, and health care systems, causing unequal access to care, maltreatment, and neglect for historically marginalized communities. These longstanding and continuing racial and ethnic injustices in our health care system contribute to lack of trust in vaccines.
- North Carolina is drawing upon the experience and expertise of leaders from historically marginalized communities to develop and implement its vaccine plan.

Leading medical and professional organizations are encouraging Americans to get vaccinated



Online Resources | Updated Regularly

YourSpotYourShot.nc.gov

One-page flyer on COVID-19 vaccines to distribute

COVID-19 Vaccines: Your best shot against COVID-19.



Tested, safe and effective COVID-19 vaccines will help us defeat the virus, get back in control of our lives and back to the people and places we love.

Scientists had a head start.
The vaccines were built upon years of work in developing vaccines for similar viruses.

Tested, safe and effective.
More than 75,000 people volunteered in clinical trials for two vaccines (Pfizer and Moderna) to see if they are safe and work to prevent COVID-19. To date, the vaccines are 95% effective in preventing COVID-19 with no serious safety concerns noted in the clinical trials. The U.S. Food and Drug Administration (FDA) makes sure the vaccines are safe and can prevent people from getting COVID-19. Like all drugs, vaccine safety continues to be monitored after they are in use.

You cannot get COVID-19 from the vaccine.
You may have temporary reactions like a sore arm, being tired or feeling off for a day or two after receiving the vaccine.

You Have a Spot to Take Your Shot.

A vaccine will be available to all who want it, but supplies will be limited at first. Independent state and federal public health advisory groups have determined that the best way to fight COVID-19 is to start first with vaccinations for those most at risk, then reach more people as the vaccine supply increases throughout 2021. Rest assured you have a spot to take your shot.

Finding Your Spot.
Vaccines will be available first in hospitals, local health departments and long-term care facilities, and then in a variety of settings like clinics, pharmacies and vaccination events in prioritized settings and in the community. You can find out where you can take your shot at <https://www.ncdhhs.gov/vaccines>.

Take your shot at the cost.
The COVID-19 vaccine will be available to everyone for free, whether or not you have health insurance.

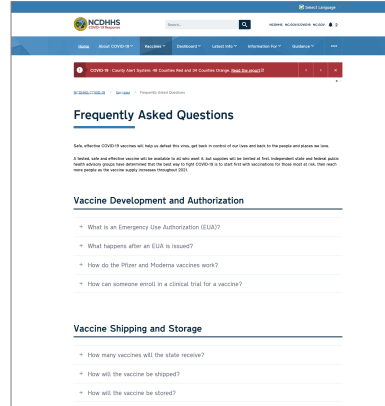
You'll need two shots to build up your immunity.
After a person gets a first dose, they will need to come back 3 to 4 weeks later for a second dose. You will get a printed card and email reminder of when to get your second dose.

Continue to practice the 3Ws until everyone has their shot at fighting COVID.
Wear a mask. Wait six feet apart. Wash your hands. That's the best way to protect each other until everyone gets their shot.

For more information:
[ncdhhs.gov/vaccines](https://www.ncdhhs.gov/vaccines)



Frequently Asked Questions (updating weekly)



COVID-19 vaccines 101 deck

COVID-19 Vaccination 101 Overview Deck

Updated: December 14, 2020



NCDHHS COVID - 19 Response

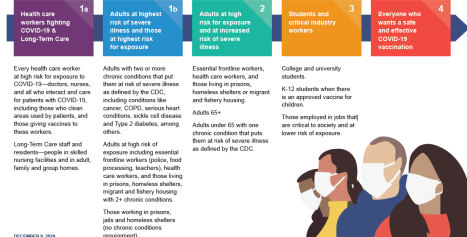


Infographic on prioritization

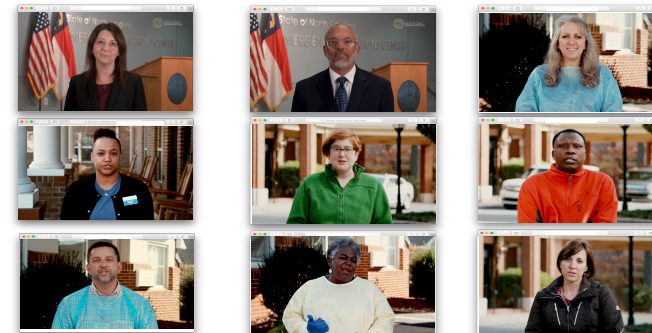
COVID-19 Vaccinations: Those most at risk get it first.



A tested, safe and effective vaccine will be available to all who want it, but supplies will be limited at first. Independent state and federal public health advisory committees have determined that the best way to fight COVID-19 is to start first with vaccinations for those most at risk, reaching more people as the vaccine supply increases from January to June. Keep practicing the 3Ws—wear a mask, wait six feet apart, wash your hands—until everyone has a chance to vaccinate.



PSA videos from trusted messengers



Keep practicing the 3 Ws: Wear, Wait, and Wash.

If you leave home, know your 3 Ws!
¡Si sales de casa, recuerda las 3 Ms!

 <p>WEAR a cloth mask over your nose and mouth.</p> <p>MASCARILLA Usar una mascarilla de tela cubriendo nariz y boca.</p>	 <p>WAIT 6 feet apart. Avoid close contact.</p> <p>MANTENER 6 pies (2 metros) de distancia. Evitar estar cerca de los demás.</p>	 <p>WASH your hands or use hand sanitizer.</p> <p>MANOS Lavarte las manos con frecuencia o usar desinfectante para manos.</p>
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@NCDHHS **#StayStrongNC**

- Getting the COVID-19 vaccine and following the 3 Ws is everyone's best protection from getting and spreading COVID-19.
- Continue using the 3 Ws and limiting social gatherings until most people are vaccinated.
- Getting back in control, getting back to family and friends, and getting kids back to school will take some time—but the COVID-19 vaccine and the 3 Ws will get us there quicker and safer.

**Let's work together to share information.
Help distribute information and materials:
YourSpotYourShot.nc.gov**

- **Help direct people to “their spot” for reliable information about the vaccine:** Maybe it's you, now that you have new vaccine knowledge
- **Show people that you trust the safety and effectiveness of the vaccines:** Share your positive experience when you have your shot against COVID-19—use our tip sheet to create and share your own video to promote vaccination:
files.nc.gov/covid/documents/vaccines/NC-Vaccine-Selfie-Video-Tip-Sheet.pdf
- **Use and share the COVID-19 vaccine communications materials to make sure more North Carolinians have accurate and up-to-date information on the vaccines:** Find them at YourSpotYourShot.nc.gov



Let's talk.